ST. JOSEPH’S PRIMARY LEETON

SCHOOL SPORTS POLICY

RATIONALE

Regular participation in physical activity during childhood is associated with a range of physical and mental health benefits. Active children become healthy adults, and schools play a key role in contributing to that outcome.

In our school, students participate in planned sport and physical activity at various levels on a regular basis, and it is important that we provide physical activity experiences which are conducted in a safe and supportive environment.

A safe environment:
- provides a greater opportunity for students to enjoy physical activity, develop skills, interact socially and achieve personal goals
- protects students from injury
- encourages them to continue their lifelong participation in regular physical activity

AIM

The aim of our school sport policy is to ensure that sport and physical activity in our school is conducted in a safe and enjoyable manner for all involved, and also to support staff in implementing, leading and supervising a range of sport programmes and physical activities.

ORGANISING AND PLANNING

The PDHPE Syllabus details more important considerations for safety of physical activity (see pages 41-42).

Guidelines for specific activities are clearly stated in the GUIDELINES FOR SAFE CONDUCT OF SPORT AND PHYSICAL ACTIVITY IN SCHOOLS document (DET).

The pages following provide a table for staff to refer to when considering the safety aspects associated with physical and sporting activities

RESOURCES

PD/H/PE Syllabus K-6
GUIDELINES FOR SAFE CONDUCT OF SPORT AND PHYSICAL ACTIVITY IN SCHOOLS

This policy was reviewed in 2010 and to be reviewed again in 2015 in consultation with the National Curriculum.