

Term 3, Week 4

Friday 11 August 2023

From the Acting Principal

Dear families,

We welcome two new families to our school community this fortnight: David Wang to 3HH & his parents Peng Wang & Yinfeng Chi, Lee (4LM) & Lily (1V) & their parents Yunwen Lin & Xiuzhu Zheng.

SCHOOL MUSICAL

St Joseph's students and staff are excitedly preparing for a musical titled Let The Games Begin: When three youngsters (Anuj, Abby Pi, Aria) visit their grandfather (Tawana), he reveals a pair of very unusual seven-sided dice and they find themselves in a mysterious gameland. They encounter many eccentric and humorous board game characters. Can they manage to play the games for real and with help from Will Luck (Israel), defeat the conniving Lady Fortune (Gisella)?



There will be two performances of the musical, both occurring in Week 7 on Wednesday 30th, at the St Francis de Sales College Hall. There is a matinee at 11.00am and a 6.00pm evening performance. The musical consists of nine songs, with students from Kinder to Year 4 presenting one song each. All Year 5 and 6 students have auditioned and been allocated specific roles.

The costumes for Upper Primary are quite specific due to their individualised roles but the costumes for every grade group in the school include black school shoes, long black pants and a plain shirt (with the shirt colour varying depending on the class). It is preferable for these class costumes, particularly the shirts, to be brought to school as soon as possible since whole school rehearsals commence in Week 5.

Thank you very much to the families who generously gave up their time for the musical working bee yesterday afternoon! It was extremely successful with many props created and great guidance from Mrs Linzie Nardi. Thank you also to those parents and community members who contacted the school to kindly offer their support in another way. It is such a fun preparation process for this show.

I asked God

For strength...
He gave me difficulties to make me strong.
For wisdom...
He gave me problems to solve.
For courage...
He gave me challenges to overcome.
For favour...
He gave me opportunities.
For compassion...
He gave me people in need.
For faith...
He gave me prayer.
For love...
He gave me Jesus.

Amen

SJLE Calendar

2023 Term 3

Week 5

14th
Aug

Eisteddfod - Infants Dance Group Item

15th
Aug

Feast of the Assumption - Whole School Mass 9.15am
School Council Meeting 6.30pm

16th
Aug

ICAS English
State Directors Visit

18th
Aug

National Day of Action Against Bullying
Junior Joey's 10am-11am

100 DAYS AT SCHOOL

Last Tuesday, August 1st, Kinder celebrated 100 days at school. They came dressed as '100 year olds' and looked fantastic. Multiple engaging learning activities around the number 100 occurred and they celebrated all of their achievements at St Joseph's so far. Well done Kinder!



LEETON EISTEDDFOD

Next Monday, August 14th, there are several dance groups participating in the Leeton Eisteddfod. They are in *Session 5, Section 301 - Dance Group Infant Classes (K-2) - Any style of dance*. We wish these groups of children and our individual students all the best as they take part in the various upcoming Eisteddfod items. Programmes can be accessed online at leetoneisteddfod.com.au

Caitlin Smith

Acting Principal

PARISH MASS TIMES

St Joseph's Parish Leeton:

Saturday Vigil - 5.00pm

Sunday - 10.00am

Sacrament of Penance

Friday - 4.45pm - 5.15pm

Saturday - 4.20pm - 4.45pm

Eucharistic Adoration

Friday - 4.30pm

St Patrick's Parish Yanco:

Sunday - 8.00am



GOLDEN APPLE DOCKETS

A major fundraiser for St Joseph's is the collection of **GOLDEN APPLE DOCKETS**. The Golden Apple Supermarket very generously donates money to the school according to the amount spent over the year by the school (and extended) community.



This is an EASY fundraiser for the school, so please **KEEP YOUR DOCKETS AND SEND THEM IN WITH YOUR CHILD TO BE COLLECTED IN THEIR CLASS.**

Thank you very much to the families who generously gave up their time for the musical working bee yesterday afternoon!



Sporting News | Term 3 Week 4

Sporting Schools Grant - Infants Netball Clinics

St Joseph's was successful in receiving a Sporting Schools Grant for Term 3. Our Infants students have been having a wonderful time participating in netball clinics with Mrs Deaton every second Friday. This will continue for the remainder of the term. It is a great opportunity for students to learn and improve their catching, throwing and court skills.

Jackie Murphy Netball

The Jackie Murphy Netball Competitions are quickly approaching. Girls in the Year 4 and 5 netball teams will travel to Wagga Wagga on 1st September and Year 6, the following week on 8th September. Due to the high interest from students in Year 4 and 6, trials were held at school this week and teams will be announced as soon as possible. Thank you to all the girls who gave their best effort and displayed good sportsmanship at trials.

Dates for your diary

Friday 1st September	Year 4 and 5 Jackie Murphy Carnival Equex Centre Copland Street Wagga Wagga
Friday 8th September	Year 6 Jackie Murphy Carnival Equex Centre Copland Street Wagga Wagga

Mrs Fiumara

Acting Coordinator



RELIGIOUS EDUCATION NEWS

Confirmation Candidates

Confirmation is fast approaching and our Year 6 students are preparing efficiently to receive this sacrament in Week 7. There is a Compass event for this sacrament. If you are a Year 6 parent, could you please ensure that the event has been accepted or declined on Compass. We also request that the information forms be returned as soon as possible to help with preparation of the Mass. We look forward to seeing the candidates at either the Saturday evening or Sunday morning Mass this weekend.

The next important event for Year 6 before the sacrament is the Confirmation retreat. This will take place on Wednesday 23 August (Week 6) at the Madonna Place. Students will wear casual clothes and enclosed shoes and they need to pack a hat, water bottle, fruit break and recess. Lunch will be provided as well as a fruit box drink.

If you have any questions, please don't hesitate to contact one of the Year 6 teachers or myself.



Feast Day Masses

This Tuesday (August 8th), we celebrated the Feast of St Mary Mackillop, led by Year 1. Students read beautifully and our amazing choir sang some lovely songs about Mary Mackillop. Next Tuesday is the Feast of the Assumption (August 15th). This feast day will also be celebrated as a whole school, with Year 4 leading the Mass.

Dates for your diary

Tuesday 15th August	Feast of the Assumption - Whole School Mass - 9.15am - Led by Year 4
Sunday 20th August	Third Weekend Vigil Mass - 10am - Led by Year 3
Saturday 26th August	Confirmation Mass - 4pm - Led by Year 6
Friday 1st September	First Friday Whole School Mass - Father's Day - 9.15am - Led by Year 5
Sunday 17th September	Third Weekend Vigil Mass - 10am - Led by Year 2

Stephanie Cirillo
Acting Religious Education Coordinator



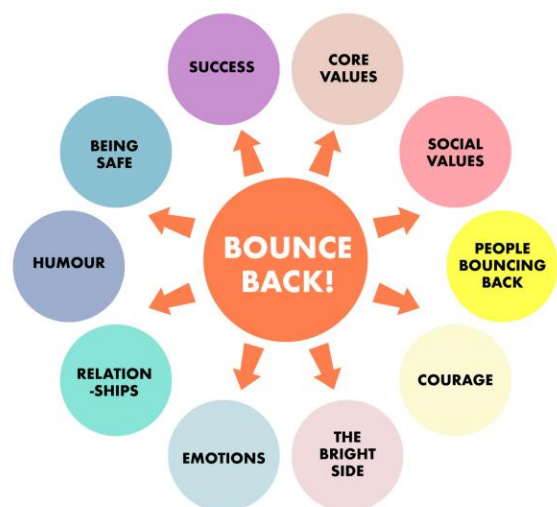
BounceBack! AWARDS

Week 2 | Term 3

Aisling J
Rubab A
Emily W
Lilly-Anne P
Darrian S
Tory S
Indi B
Wade T
William S
Noah C
Dusty H
Abby P
Logan L

BounceBack is an evidence-informed program built on Positive Psychology, Cognitive Behaviour Therapy and Social Emotional learning principles.

St Joseph's teaches the BounceBack program from K-6 to improve student wellbeing and help students to deal with the complexities of their everyday lives. It teaches them how to BounceBack when they experience sadness, difficulties and challenging times.



ST JOSEPH'S MERIT AWARDS TERM 3, WEEK 2 2023

Gracia G	KF
Nashe M	KF
Ella L	KM
Sophia P	KM
Luca C	1B
Bodie T	1B
Molly T	1B
Mercede C	1G
Alex T	1G
Ayla T	1G
Conor T	1G
Neve W	1V
Darrian S	1V
Claire M	1V
Kye D	1V
Ava B	2B
Quinton P	2B
Alfie T	2B
Lucas G	2B
Evie C	2M
Finn H	2M
Chanulya S	2M
Indianna B	2M
Jayson I	3C
Jasmine N	3C
Amiya N	3C
Sebastian K	3C
Chloe T	3HH
Grace T	3HH
Valerie W	3HH
Jake D	3HH
Ellie P	3HH
Jonty J	4CM
Anshdeep B	4CM
Alexander D	4CM
Denzel M	4CM
Willow F	4CM
Julius W	4LM
Kristian M	4LM
Adelyn R	4LM
Bronte S	4LM
James A	5CS
Daniel K	5CS
Tannar T	5CS
Sophie T	5CS
Kaitlyn B	6BC
Gabrielle B	6BC
Kaweera S	6BC
Alexandra H	6L
Ammiel M	6L
Gisella P	6L
Israel W	6L



SEASONS OF GROWTH – AN INVITATION

Dear Parents/ Guardians,

Change and loss are circumstances that affect all of us at some stage in our lives. At St Joseph's we recognise that when changes occur in families as a result of death, separation, divorce, impact of illness, moving to a new town, country or other significant change and loss, young people may benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called **Seasons for Growth**. Research suggests that anyone affected by bereavement wait 6-12 months before participating in a **Seasons for Growth** program.

This program is facilitated in small groups (about 6) and is based on research that highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. It is for children in Years 1/2, Years 3/ 4 and 5/ 6. The program focuses on issues such as self-esteem, managing feelings, problem solving, decision making, effective communication and support networks.

Seasons for Growth runs for eight weeks and each weekly session is for 40-45 minutes. The program concludes with a "Celebration" session.

Seasons for Growth will commence **Friday 1st September, 2023** (during school hours) and will be facilitated by school staff who have received training in the use of this program. If you think your son or daughter would benefit from Seasons of Growth we would encourage you to talk to him/her about this. **Should he/she decide to participate please fill in the tear off section below and return to the school by Friday 18th August 2023.** If you would like further insight into the value of this program please contact the school and Mrs Tavella will contact you.

St Joseph's Leeton is pleased to be able to offer this program and we are confident that it will be a valuable learning experience for those who request to be involved.

Mrs Luisa Tavella
Seasons of Growth Companion

Mary Jane Simms
Principal

I/We _____ give consent for my son/daughter _____ to participate in the **Seasons for Growth** program. I have discussed this with him/her.

Parent/Guardian signature

Child's signature

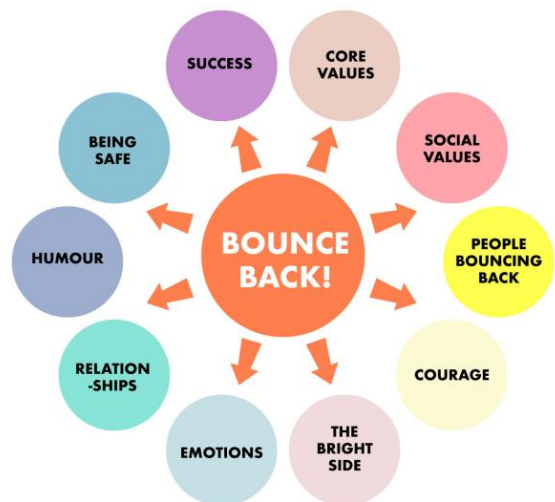
BounceBack! AWARDS

Week 3 | Term 3

Nashe M
Halee L
Tiana T
Conor T
Henry T
Valentina A
Halle T
Amiya N
Zion Gabriel S
Annie C
Caterina P
James A
Joseph A
Carter P

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ST JOSEPH'S MERIT AWARDS TERM 3, WEEK 3 2023

Zara C	KF
Mahli T	KF
Maggie L	KM
Tahlia F	KM

Isabelle O	1B
Niquee S	1B
Danny F	1B
Penelope C	1G
Alina G	1G
Nash T	1G
Charlee-Rae D	1G
Jade D	1V
Isabella B	1V
Linda M	1V
Ruben P	1V
Ava B	2B
Nimrit K	2B
Annabelle W	2B
Macie P	2B
Lukas R	2M
Florence N	2M
Brian K	2M
Roman F	2M

Marlee B	3C
Hugh D	3C
Fletcher P	3C
Lilly P	3C
Lovepreet L	3HH
Chelsea F	3HH
Ashleigh P	3HH
Qismah A	3HH
Shelby W	4CM
Miguel M	4CM
Seanice J	4CM
Lailani P	4CM
Eden S	4LM
Noah C	4LM
Logan H	4LM
Michael J	4LM
Sofia N	5CS
Chloe Q	6BC
Adele S	6BC
Francesco N	6BC
Nicholi A	6BC
Tawana G	6BC
Blake G	6L
Cooper P	6L
Violet N	6L



Book Week Parade

**THURSDAY
SEPTEMBER 21
9AM UNDER THE
COLA
ALL WELCOME**



Note: Change of date.
Students may come to school dressed as their favourite book character, or match this year's theme – READ, GROW, Inspire.

TERM 3 SCHOOL CALENDAR 2023

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/ SUN
5	14 Eisteddfod - Infants Dance Group Item	15 Feast of the Assumption - Whole School Mass 9.15am School Council Meeting 6.30pm	16 ICAS English State Directors Visit	17	18 National Day of Action Against Bullying Junior Joey's 10am-11am	19/20 Third Weekend Vigil Mass 10am Sunday
6	21	22	23 Confirmation Reflection Day ICAS Science & Spelling Bee	24 Eisteddfod Singing	25 Eisteddfod Singing Junior Joey's 10am-11am	26/27 2023 Confirmation Mass Saturday
7	28	29	30 ICAS Mathematics SJLE School Musical - Let The Games Begin 11am and 6pm	31	1 First Friday Mass 9.15am - Whole School Junior Joey's 10am-11am Father's Day Shared Lunch	2/3
8 September	4	5	6	7	8 Junior Joey's 10am-11am	9/10
9	11	12	13	14	15 Junior Joey's 10am-11am	16/17 Weekend Vigil Mass Sunday 10am
10	18	19	20	21 Book Week Parade	22 Junior Joey's 10am-11am Last day of Term 3	23/24

Note - Information/dates for the Term calendar will be added each week as it is provided to us. Please check regularly for new updates.

PD = Professional Development

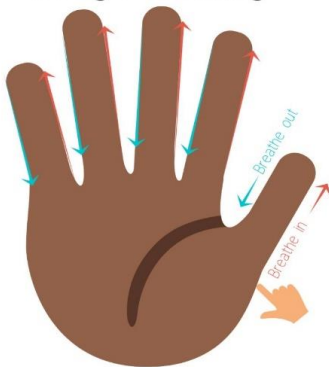
Calming and Grounding Strategies to Teach and Practice with your Child.

Take Five Breathing

What is Take Five Breathing?

During take five breathing, children concentrate on taking five slow breaths in through their nose and out through their mouths. Children may need to practice this first as they may be mouth breathing. If you notice that your child finds breathing through their nose a challenge, invite them to imagine they are smelling a beautiful flower or their favorite food as they breathe in, and then to breathe out with a big sigh. (Breathing in, smelling a beautiful smell, and breathing out with a sigh because it smelt so good.) At the same time as breathing, children will focus on the action of tracing up and down the fingers of one hand and the gentle sensations this creates. Here is how it works:

5 Finger Breathing



1. Spread your hand and stretch your fingers out like a star. You can choose your left hand or your right hand. Pretend the pointer finger of your other hand is a pencil and imagine you are going to trace around the outline of your hand and fingers.
2. Start at the bottom of your thumb and slide your finger up your thumb, pause at the top, and then slide your finger down the other side. Now slide your pointer up your second finger, pause, and slide down the other side. Continue tracing your fingers up, pause, and down. Slide your finger slowly, watch your finger move and notice how it feels. Keep going until you have finished tracing your fifth finger (pinky).
3. Now you are ready to add some breathing. Breathe in through your nose and breathe out through your mouth. Remember to keep it slow and steady.
4. Place your pointer finger at the bottom of your thumb and breathe in as you slide up. Breathe out as you slide down. Breathe in as you slide up your second finger and breathe out as you slide down. Keep going until you have finished tracing your fingers and you have taken five slow breaths.
5. How does your body feel now? Do you feel calm, or would you like to take another five?

Most children find the sensory aspect of this breathing method very soothing and settling.

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Wagga Wagga NSW 2650
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Centacare
South West NSW Ltd.
ABN 72 610 403 480

 **national science week**

BIG BANG SCIENCE WORKSHOPS

To celebrate National Science Week we will be holding two science workshops to explore the amazing science of Astronomy and Dinosaurs. These are FREE workshops. Bookings required.

SCAN ME



AWESOME ASTRONOMY WORKSHOP

Date: Monday 14th August
Time: 3:30pm-4:30pm
Age: 9+

Investigate the phases of the moon, test your logical thinking skills and make a moon model to take home.

DINO DOINGS WORKSHOP

Date: Friday 18th August
Time: 3:30pm-4:30pm
Age: 7+

Calling all junior palaeontologist to investigate these amazing prehistoric creatures, explore the science of fossils and make a fizzing egg to take home and hatch!

Narrandera Tennis Club

Junior Coaching at Narrandera Tennis Club is cancelled on Friday, August 11, due to coach Danny being unavailable. The team at NTC apologise for this & look forward to seeing everyone back at the club on Friday, August 18. For all news about the tennis club please check our Facebook page:
Narrandera Tennis Club Inc.



TINY TOUCH FOOTBALL

Kindergarten to Year 2

WEDNESDAYS | 4.15pm-4.45pm
5 weeks starting very soon
Wednesday 23rd August
Leeton Town Ovals

\$30 per player

Mini games and activities focusing on basic skills.

Limited spots available so get in quick!

HOW TO REGISTER

Click the link below, use the QR code or go to <https://touchfootball.com.au/register-into-team/> and search Leeton TINY Touch.

CLICK HERE